



Republic of the Philippines  
**Department of Education**  
Region VII – Central Visayas  
Schools Division of CEBU PROVINCE

Office of the Schools Division  
Superintendent

October 11, 2021

DIVISION MEMORANDUM  
No. 432, s. 2021

**INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE  
MENTAL HEALTH PSYCHOSOCIAL SUPPORT(MHPSS) PREPARATION FOR THE  
IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY**

To: Assistant Schools Division Superintendents  
Public Schools District Supervisors/OICs  
Public and Private Elementary and Secondary School Heads  
All Others Concerned

1. Attached is OUA MEMO No.00-1021-0058 dated October 5, 2021 entitled ***“Invitation for Teachers of selected schools to participate in the Mental Health Psychosocial Support (MHPSS) preparation for the implementation of limited Face-to-Face learning modality”***. In line with the Joint Memorandum Circular of the Department of Education (DepEd) and Department of Health (DOH) for the pilot implementation of face-to-face learning modality, the DepEd Disaster Risk Reduction and Management Service (DRRMS) will conducting a series of **capacity building sessions** for teaching and non-teaching personnel on Psychological First Aid(PFA) and Psychosocial Support (PSS) in the classrooms. Additionally, a **Psychosocial Activity Pack** will be developed for teachers to implement PSS activities during classes. These capacity building sessions are for personnel from the identified 59 schools (see Annex A) **for the pilot implementation of limited face-to-face learning modality**. Annex B contains the indicative schedule and registration details for the MHPSS preparation activities and specific target school personnel participants.

2. Kindly refer to the attached documents for further details.
3. Immediate and wide dissemination of this Memorandum is desired.

**MARILYN S. ANDALES EdD, CESO V**  
Schools Division Superintendent

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Republika ng Pilipinas  
**Kagawaran ng Edukasyon**  
Tanggapan ng Pangalawang Kalihim

**OUA MEMO 00-1021-0058**  
**MEMORANDUM**  
05 October 2021

For: **Regional Directors** (Regions V, VI, VII, IX, X, XII)

**Schools Divisions Superintendents Concerned**

(Masbate City, Masbate Province, Aklan, Antique, Bogo City, Cebu Province, Zamboanga City, Pagadian City, Zamboanga del Sur, Zamboanga Sibugay, Lanao del Norte, Cotabato, Kidapawan City, Sarangani)

**Regional and Division DRRM Coordinators Concerned**  
**School Heads Concerned**

Subject: **INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH PSYCHOSOCIAL SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY**

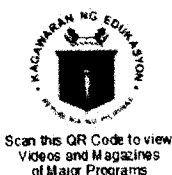
In line with the Joint Memorandum Circular of the Department of Education (DepEd) and Department of Health (DOH) for the pilot implementation of face-to-face learning modality, the DepEd Disaster Risk Reduction and Management Service (DRRMS) will be conducting a series of **capacity building sessions** for teaching and non-teaching personnel on Psychological First Aid (PFA) and Psychosocial Support (PSS) in the classroom. Additionally, a **Psychosocial Activity Pack** will be developed for teachers to implement PSS activities during classes. These capacity building sessions are for personnel from the **identified 59 schools** (see Annex A) **for the pilot implementation of limited face-to-face learning modality**. Annex B contains the indicative schedule and registration details for the MHPSS preparation activities and specific target school personnel participants.

Before the trainings and orientation, and for a contextualized and collaborative personnel capacity building, the DRRMS will be conducting a **Focus**

**Office of the Undersecretary for Administration (OUA)**

*[Administrative Service (AS), Information and Communications Technology Service (ICTS), Disaster Risk Reduction and Management Service (DRRMS), Bureau of Learner Support Services (BLSS), Baguio Teachers Camp (BTC), Central Security & Safety Office (CSSO)]*

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**Group Discussion (FGD)** with teachers to consult and gather insights on classroom and learner experiences, and teachers' experiences in the conduct of psychosocial support.

Below are the target participants for the FGDs from the identified 59 schools:

School	Requested FGD Participants
Elementary School	2 teachers (either from Kinder to Grade 3 level)
Senior High School	2 teachers (one Grade 11 teacher and one Grade 12 teacher)

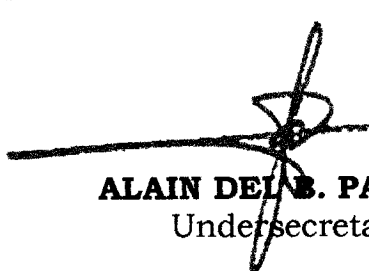
The participants for the FGD should meet the criteria indicated in Annex C, and shall be recommended by the school heads, for the approval of the division and regional office. Confirmation of attendance of the FGD participants should be done via the registration form in Annex B on or before **October 11, 2021, Monday**.

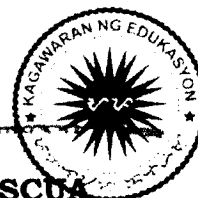
The initial schedule of the FGD is rescheduled from October 08, 2021 to **October 12, 2021, Tuesday**. See Annex D for the schedule and registration details of FGDs.

Attached is the concept note of the MHPSS for pilot implementation of the limited face-to-face learning modality.

For more information, questions/clarifications, please contact Ms. Amina Aisa Boncales through email at [drmo+mhpss@deped.gov.ph](mailto:drmo+mhpss@deped.gov.ph).

Thank you.

  
**ALAIN DEL B. PASCUA**  
Undersecretary



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# Annex A. List of Schools Identified for Pilot Implementation of Face-to-Face Learning Mo

	Region	Division	Municipality/City	School Name
1	Region V	SDO Masbate City	CITY OF MASBATE (Capital)	Asid Elementary School
2	Region V	Masbate City	CITY OF MASBATE (Capital)	Sinalongan Elementary School
3	Region V	Masbate city	CITY OF MASBATE (Capital)	Gutusan E/S
4	Region V	SDO Masbate Province	MILAGROS	Mary Perpetua Briso NHS
5	Region VI	Aklan	NABAS	Lasema Integrated School
6	Region VI	ANTIQUE	BARBAZA	MAYABAY PRIMARY SCHOOL
7	Region VI	ANTIQUE	BUGASONG	IGSORO INTEGRATED SCHOOL
8	Region VII	Bogo City	CITY OF BOGO	Odlot National High School
9	Region VII	City of Bogo	CITY OF BOGO	Don Potenciano Catarata MNHS
10	Region VII	CITY OF BOGO	CITY OF BOGO	BARTOLOME C. PIANAR MEMORIA
11	Region VII	DepEd Bogo City	CITY OF BOGO	SIOCON ELEMENTARY
12	Region VII	City of Bogo	CITY OF BOGO	Combado Elementary School
13	Region VII	Cebu Province	MALABUYOC	Mahantud Elementary School
14	Region VII	Cebu Province	BANTAYAN	Luyongbaybay Elementary School
15	Region VII	Cebu Province	OSLOB	Cahang-Marcelo Luna National High
16	Region VII	Cebu Province	MOALBOAL	BUSAY NATIONAL HIGH SCHOOL
17	Region VII	CEBU PROVINCE	PILAR	PILAR NATIONAL HIGH SCHOOL
18	Region VII	CEBU PROVINCE	SAMBOAN	BASAK ELEMENTARY SCHOOL
19	Region VII	CEBU PROVINCE	BALAMBAN	CABAGDALAN ELEMENTARY SCH
20	Region IX	ZAMBOANGA CITY	ZAMBOANGA CITY	SIBULAO NHS
21	Region IX	Zamboanga City	ZAMBOANGA CITY	Manalipa Integrated School
22	Region IX	Zamboanga City	ZAMBOANGA CITY	Landang Gua National High School
23	Region IX	PAGADIAN CITY SDO	PAGADIAN CITY (Capital)	MANGA NATIONAL HIGH SCHOOL
24	Region IX	Zamboanga del Sur	TABINA	Tabina Central Elementary School
25	Region IX	Zamboanga del Sur	MOLAVE	PARASAN NHS
26	Region IX	ZAMBOANGA DEL SUR	GUIPOS	GUIPOS NATIONAL HIGH SCHOOL
27	Region IX	Zamboanga del sur	MOLAVE	Blancia Central School
28	Region IX	Zamboanga del Sur	SOMINOT (DON MARIANO MARCOS)	Sominot National High School
29	Region IX	Zamboanga Sibugay	SIAY	Siay Central Elementary School
30	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Manga Elementary School
31	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Lala National High School
32	Region IX	Zamboanga del Sur	KUMALARANG	Kumalarang National High School
33	Region IX	PAGADIAN CITY	PAGADIAN CITY (Capital)	LENENZA ELEMENTARY SCHOOL
34	Region IX	ZAMBOANGA SIBUGAY	SIAY	SILOH ELEMENTARY SCHOOL
35	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Lala Elementary School
36	Region IX	Zamboanga Sibugay	SIAY	Sibuguey Elementary School
37	Region IX	Zamboanga city	ZAMBOANGA CITY	Cadalegan Elementary School
38	Region IX	Zamboanga City	ZAMBOANGA CITY	Tolosa National High School
39	Region IX	Zamboanga City Division	ZAMBOANGA CITY	PASILMANTA ELEMENTARY SCH
40	Region IX	Zamboanga City	ZAMBOANGA CITY	Landang Gua Elementary School
41	Region IX	Zamboanga City Division	ZAMBOANGA CITY	PANGANAK ELEMENTARY SCH
42	Region IX	Zamboanga Sibugay	PAYAO	San Vicente Elementary School
43	Region IX	ZAMBOANGA CITY	ZAMBOANGA CITY	SINUNUK ELEMENTARY SCHOOL
44	Region IX	Zamboanga City	ZAMBOANGA CITY	Tumakutab Elementary School
45	Region X	Lanao de Norte	MAGSAYSAY	Tambaon Integrated School
46	Region X	LANAO DEL NORTE	KAUSWAGAN	MARCELA T. MABANTA NHS
47	Region X	Lanao del Norte	BACOLOD	Babalaya Elementary School

48	Region X	Lanao del Norte	LINAMON	Napo Elementary School
49	Region X	lanao del Norte	NUNUNGAN	Masbay Integrated School
50	Region X	SDO Lanao del Norte	BAROY	Delama CES
51	Region XII	Cotabato	MAKILALA	Bato Elementary School
52	Region XII	Sarangani	MALUNGON	Balton Elementary School
53	Region XII	KIDAPAWAN CITY	CITY OF KIDAPAWAN (Capital)	PACO NATIONAL HIGH SCHOOL
54	Region XII	Sarangani	ALABEL (Capital)	Pag-asa Integrated School
55	Region XII	Sarangani	MAITUM	Maguling National High School
56	Region XII	Sarangani	KIAMBA	James L Chiongbian National Trade
57	Region XII	SARANGANI	MAASIM	COLON NATIONAL HIGH SCHOOL
58	Region XII	Sarangani	MALUNGON	Lamifew IP Integrated School
59	Region XII	Sarangani	MALAPATAN	Daan Suyan Integrated School

Note: Including schools not listed in the SRAT

**Annex B. MHPSS Preparation Activities and Specific Target School Personnel Participation**

<b>Date</b>	<b>Activities</b>	<b>Type of Session</b>	<b>Link</b>
October 12, 2021	Focus Group Discussion with Teachers	Focus Group Discussion	<a href="https://forms.gle/CZBntkw6bWkSXUC">https://forms.gle/CZBntkw6bWkSXUC</a>
November 03, 2021	Training on Psychological First Aid and Discussion on School Referral System	Training	<a href="https://bit.ly/F2FMHPSSTrainingDay1">https://bit.ly/F2FMHPSSTrainingDay1</a>
November 04, 2021	Training on Whole-of-School Approach on Mental Health and the Conduct of Safe Psychosocial Support Activities	Training	<a href="https://bit.ly/F2FMHPSSTrainingDay2">https://bit.ly/F2FMHPSSTrainingDay2</a>
November 05 and 08, 2021	Training on Conducting Psychosocial Support Activities in the Classroom	Training	<a href="https://bit.ly/F2FMHPSSTrainingDay3">https://bit.ly/F2FMHPSSTrainingDay3</a>
November 09, 2021	Orientation on the Psychosocial Activity Pack	Orientation	<a href="https://bit.ly/PSActivityPackOrientation">https://bit.ly/PSActivityPackOrientation</a>

All participants are enjoined to sign up through the registration links provided.

**Annex C.** Requirements of teacher participants for Focus Group Discussion (FGD) and More Information on the FGD

The group of representative teachers should be characterized as follows:

1. One (1) teacher each per grade level: Kinder, Grades 1-3, Grades 11-12;
2. Have experienced facilitating psychosocial support activities indicated in the DFTC Memorandum No. 98, s. 2020, or the "New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the Opening of Classes, School Year 2020-2021", specifically the "Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners", and the "Online and Self-guided PFA Modules: Supplemental to the SEES Manual";
3. Have a good internet connection and can accommodate a half-day online discussion.

The objectives of the FGD are as follows:

- To discuss teachers' thoughts and perceptions regarding MHPSS (i.e., their knowledge of it, their experience on it, their access to it),
- To gather insights from teachers on their experience of the pandemic and the distance learning modality and their current condition in its implementation as well as their experiences and challenges with the learners
- To consult teachers on how to improve the delivery of MHPSS to learners in the current state (i.e., remote), and in the upcoming Implementation of Pilot Face-to-Face learning modality;
- To gather insight about their experience with the use of the Remote Psychosocial Support materials from 2020;
- To discuss the impact of the Remote Psychosocial Support materials to the learners based on their local and contextualized experiences.



**Annex D. Detailed Schedule of FGD per School**

Date	School
October 12, 2021 – Tuesday 8:00 AM – 12:00 PM	4 schools from Region V 3 schools from Region VI 12 schools from Region VII 6 schools from Region X  Total no. of schools: 25
October 12, 2021 – Tuesday 1:00 PM – 5:00 PM	25 schools from Region IX 9 schools from Region XII  Total no. of schools: 34



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**MENTAL HEALTH AND PSYCHOSOCIAL  
SUPPORT SERVICES (MHPSS) PREPARATION  
FOR THE PILOT IMPLEMENTATION OF  
LIMITED FACE-TO-FACE LEARNING MODALITY  
Concept Note**

**INTRODUCTION**

The Coronavirus Disease 2019 (COVID-19) pandemic crisis' effects are not limited to physical health-related concerns but are also significantly affecting the mental health and well-being of both adults and children worldwide. Such COVID-19-related mental health and psychosocial concerns include, but are not limited to, aggravation of stress, anxiety, and depressive symptoms, and increase in engagement on counterproductive coping due to the loss of social interaction and disrupted routines<sup>(1)(2)</sup>. Such mental health and well-being concerns are expected to rise as this isolation and detachment from physical social life continues and prolongs.

The COVID-19 pandemic inevitably caused the closure of schools. While the education sector was quick to adapt to this circumstance and migrate to distance learning, the emotional distress brought by the pandemic remains. For almost a year, education was implemented through a distance learning modality. Throughout this period, learners and personnel did not have physical interactions with friends and teachers. All these concerns have to be considered in the school re-entry of the learners.

On September 27, 2021, the Department of Education (DepEd) together with the Department of Health (DOH) conducted a ceremonial signing of Joint Memorandum Circular No. 01, s. 2021, entitled *Operational Guidelines on the Pilot Implementation of Limited Face-to-face Learning Modality*, which includes guidelines on well-being and protection strategies and the provision of psychosocial support to the learners, teachers, and personnel. These psychosocial support measures generally include: 1) implementation of an inter-sectoral referral system/mechanism for MHPSS service provision (e.g., Psychological First Aid (PFA), grief counseling); 2) maintained, manned, and operational guidance office for the facilitation of MHPSS services; 3) facilitation of classroom-based psychosocial support activities to learners in the first few days of school; 4) mobilization of PFA-trained personnel as indeed; 5) promotion of "school-life balance"; and 6) encouragement of opportunities for bereaved learners or families to mourn safely through innovative platforms (e.g., online burol, telepsychology/counseling).

The Disaster Risk Reduction and Management Service (DRRMS), in collaboration with partners and other offices, as part of its response to the crisis needs of learners and personnel then seek

1. "Mental Health and COVID-19," *World Health Organization*, accessed September 27, 2021, <https://bit.ly/2ZBKmd6>.
2. "Framework for reopening schools," *UNICEF*, June 2020, <https://www.unicef.org/documents/framework-for-reopening-schools>

to capacitate teaching and non-teaching personnel involved in the MHPSS services (e.g., classroom-based activities and PFA for learners and personnel) of its conduct, facilitation, and provision. The capacity building will include lectures and discussions.

## **OBJECTIVES**

The objectives of the provision of MHPSS services to learners and personnel following the guidelines for the pilot implementation of limited face-to-face learning modality are:

- To capacitate personnel in providing MHPSS (e.g., PFA, psychosocial activities) to learners and co-personnel in relation to the pilot reopening of classes;
- To ensure learning continuity by assisting learners in their healthy adjustment into the school community amid the pandemic and help address any mental health concerns that might arise in the adjustment process;
- To ensure the prioritization of learners' well-being in their reintegration into the school community;
- To empower schools in adapting the mental health referral system to address further MHPSS needs of learners and personnel

## **TARGET OUTPUTS**

The expected outputs of this program are:

- All 59 pilot schools chosen are oriented on the provision of MHPSS (e.g., PFA) to learners and personnel
- Teaching and non-teaching representatives from the 59 schools are trained on the conduct of PFA and oriented on the DepEd referral system
- Teaching personnel from the 59 schools are trained in developing and facilitating psychosocial support activities for learners
- One (1) psychosocial support Activity Pack developed per key stage identified for pilot implementation of limited face-to-face learning modality (K, 1-3, SHS)

## **TARGET PARTICIPANTS**

The target participants of the program include teaching and non-teaching personnel from the 59 identified schools for pilot implementation of limited face-to-face classes. This includes:

- Teachers
- School Health Personnel
- Guidance Counselors/Advocates
- School DRRM Coordinators
- School Heads

## **TIMELINE AND SCHEDULES**

Prior to the training program, a Focus Group Discussion with teachers will be conducted. The output from this FGD shall be used in drafting and crafting the Psychosocial Support Activity pack which will be used by the teachers on the first five (5) days of class reopening. The training programs will be conducted online via Zoom or limited Facebook Live, and are divided into three specific parts. Each part of the training program will have its own schedule accordingly which will run from November 3-5, 2021 while the release of and orientation on the Psychosocial Support Activity Pack will be on November 8, 2021. Consultations with Subject Matter Experts (e.g., clinical psychologists, child/developmental psychologists, psychological assessment experts, etc.) will also be conducted pre and post-training.

<b>Activity</b>	<b>Schedule</b>	<b>Target Participants</b>
Pre-training: Focused Group Discussion with Teachers	October 12, 2021 (8:00 AM to 12:00 NN, 1:00 PM to 5:00 PM)	Teachers from identified pilot schools
Drafting, Review, and Finalization of Psychosocial Support Activity Pack	October 14 to 29, 2021	Expert Psychologists, Graphic Designer, DRRMS, BCD, BLD
Part 1: Training on Psychological First Aid Training and Discussion on School Referral System	November 03, 2021 (8:00 AM to 3:00 PM)	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
Part 2: Training on Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities	November 04, 2021 (8:00 AM to 12:00 NN)	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
Part 3. Training on Conducting Psychosocial Support Activities in the Classroom	November 05, 2021 and November 08, 2021 (8:00 to 11:30 AM)	Teachers
Post-training: Release and Orientation on Psychosocial Support Activity Pack	November 09, 2021 (8:00 AM to 12:00 NN)	Teachers

## ACTIVITIES



### **Part 1. Training on Psychological First Aid and Discussion on School Referral System**

This involves lectures and discussions on the effects of the COVID-19 pandemic on the mental health of children and adolescents, mental health and psychosocial support concepts, core principles and actions on the conduct and provision of PFA to learners and personnel in the context of the pandemic and school reopening, and the activities involved in the mental health support service referral system/mechanism. The purpose of this training is to ensure that teaching and non-teaching personnel have the capacity to mitigate the potential of mental health concerns to rise through PFA and manage these concerns through a collaborative MHPSS referral system with other social service institutions.

### **Part 2. Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities**

This involves lectures and discussions on the whole-of-school approach in the implementation of mental health programs, as well as in safely facilitating psychosocial support activities within the classrooms and the school. The purpose of this training is to provide teaching and non-teaching personnel the basic foundational knowledge and skills in implementing their school mental health programs which include caring for the safety and well-being of both learners and personnel especially in the context of reopening of classes in the pandemic.

### **Part 3. Training on Conducting Psychosocial Support Activities in the Classroom**

This involves discussion, demonstration, and actual activities on classroom and school-based psychosocial support that teachers can do and facilitate with learners as well as personnel. The purpose of this is to provide teachers a better understanding and grasp of the process of facilitating psychosocial support activities in the classroom as well as observing learners' psychosocial needs and concerns that require referral to higher-level psychosocial support.

### **Psychosocial Activity Pack**

The Psychosocial Activity Pack contains at least 10 suggested activities for teachers to conduct during the 1-hour psychosocial support activity and COVID-19 preventive measures discussion period in the first 5 days of school and during interval periods between classes. A Psychosocial Activity Pack will be made for each Key Stage identified for pilot implementation of limited face-to-face learning modality (Kinder, Grades 1-3, SHS). Each activity will cover the following contents:

I. Summary Table

Objectives	Activity Title and Description	Rationale	Dimensions of Intervention
This will cover the specific objectives of the activity	This portion covers the activity title and a brief description of the activity.	This describes the rationale behind the activity. This is based on evidence from research.	This part covers the dimensions of intervention or developmental areas tapped during the conduct of the activity.
<i>Example: For Learners to regain confidence with schoolmates and school spaces.</i>	<i>Example: <u>Free Play</u> This activity encourages children to use their imagination and freedom of expression. Play has benefits for children in dealing with stress.</i>	<i>Example: Play is a key component of childhood development and can support coping capabilities (Capurso and Ragni, 2016; Gray, 2015)</i>	<i>Example: Social, Emotional, Creative</i>

- II. Materials Needed
- III. Duration
- IV. Activity Instructions
- V. Processing Questions
- VI. Feedback Tool

The last few pages of the Psychosocial Activity Pack will cover summary points from the discussion of PSS in the Classroom. This will allow teachers and school personnel to have a quick reference on how to sustain the conduct of psychosocial activities beyond the suggested activities in the pack. On the very last page of the Psychosocial Activity Pack, a prompt will be provided for teachers to answer an online journal. This online journal covers the reflections and observations of the teachers in conducting the activities. Their insights and feedback will help improve the Psychosocial Activity Pack implementation for the full conduct of face-to-face classes.

After the development of the Psychosocial Activity Pack, an orientation will be provided to the teachers.

## INDICATIVE PROGRAM

November 03, 2021 Training on Psychological First Aid and Discussion on School Referral System			
Time	Segment	Activities	Target Resource Person
8:00 - 8:15 AM	Preliminaries	<ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Prayer and National Anthem</li> <li>• Opening Remarks</li> <li>• Agenda of the Training</li> <li>• Introduction of Organizers and Speakers</li> </ul>	DRRMS
8:15 - 8:45 AM	The effects of COVID-19 on the Mental Health of Children and Adolescents	Lectures and discussions on: <ul style="list-style-type: none"> <li>• The effects of COVID-19 on the Mental Health of Children and Adolescents</li> </ul>	Psychologist (External Resource Person c/o DRRMS)
8:45 - 9:30 AM	Mental Health and Psychosocial Support, and Psychological First Aid (PFA)	Lectures and discussions on: <ul style="list-style-type: none"> <li>• Basic MHPSS Concepts</li> <li>• Core Ideas and Action Principles of PFA</li> <li>• Conduct and Provision of PFA</li> </ul>	Psychologist (External Resource Person c/o DRRMS)
9:30 - 9:40 AM	Health Break		
9:40 - 10:30 AM	PFA for Children and Adolescents	Lectures and discussions on: <ul style="list-style-type: none"> <li>• PFA for Children and Adolescents</li> </ul>	Psychologist (External Resource Person c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:30 AM	MHPSS Service School Referral System	<ul style="list-style-type: none"> <li>• Lectures and discussions on the basic referral system for school-based MHPSS services</li> </ul>	BCD
11:30 AM – 12:00 Noon	Open Forum		
12:00 Noon - 1:00 PM	Lunch Break		

1:00 - 2:30 PM	Simulation of PFA to Personnel and Learners	<ul style="list-style-type: none"> <li>Simulation for the conduct and provision of PFA to personnel and learners</li> </ul>	DRRMS and Psychologists (External Resource Persons)
2:30 - 2:45 PM	Forum	<ul style="list-style-type: none"> <li>Question and answer</li> </ul>	Psychologists (External Resource Persons c/o DRRMS)
2:45 - 3:00 PM	Closing	<ul style="list-style-type: none"> <li>Reminders</li> <li>Post Test</li> <li>Closing Remarks</li> </ul>	DRRMS

**November 04, 2021**

**Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities**

Time	Segment	Activities	Target Resource Person
8:00 - 8:15 AM	Preliminaries	<ul style="list-style-type: none"> <li>Admission of Participants</li> <li>Pretest</li> <li>House Rules</li> <li>Agenda of the Training</li> <li>Introduction of Speakers</li> </ul>	DRRMS
8:15 - 9:15 AM	The Approach to a Comprehensive and Inter-sectoral School Mental Health Program	<ul style="list-style-type: none"> <li>Lecture and discussion on the Whole-of-School Approach in Mental Health Program</li> </ul>	Psychologist (External Resource Person c/o DRRMS)
9:15 - 9:45 AM	Open Forum		
9:45 - 10:00 AM	Health Break		
10:00 - 10:45 AM	Psychosocial Support for DepEd Personnel	<ul style="list-style-type: none"> <li>DRRM and partner offices to orient personnel on available psychosocial supports within the Department</li> </ul>	BHROD, SEP, SHD, DRRMS
10:45 - 11:45 AM	Keeping ourselves Safe from COVID-19	<ul style="list-style-type: none"> <li>Lecture and discussion on COVID-19 health and safety protocols</li> <li>How to conduct activities while adhering to COVID-19 safety protocols</li> <li>Learners' Guide on Step-by-</li> </ul>	SHD

		Step Daily Routine for Limited Face-to-Face Classes	DRRMS
11:45 AM – 12:00 Noon	Closing	<ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post Test</li> <li>• Closing Remarks</li> </ul>	DRRMS

**November 05, 2021**

**Training on Conducting Psychosocial Support Activities in the Classroom**

Time	Segment	Activities	Target Resource Person
8:00 - 8:15 AM	Preliminaries	<ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Agenda of the Training</li> <li>• Introduction of Speakers</li> </ul>	DRRMS
8:15 - 8:30 AM	Icebreaker Activity	Discussion on the Activity Pack, its objectives, development, and usage	
8:30 - 10:30 AM	Psychosocial Support Activities in the Classroom	Lecture and discussion on the: <ul style="list-style-type: none"> <li>• Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker</li> <li>• Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic</li> <li>• Properly observing and assessing learners' more specialized needs for referral</li> </ul>	Psychologist Group (External Resource Persons c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Synthesis	Summary points of the discussion	Psychologist Group (c/o DRRMS)
11:15 - 11:30 AM	Closing	<ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post-test</li> <li>• Remarks</li> </ul>	DRRMS



November 08, 2021

Continuation: Training on Conducting Psychosocial Support Activities in the Classroom

Time	Segment	Activities	Target Resource Person
8:00 - 8:15 AM	Preliminaries	<ul style="list-style-type: none"> <li>• Admission of Participants</li> <li>• Pretest</li> <li>• House Rules</li> <li>• Agenda of the Training</li> <li>• Introduction of Speakers</li> </ul>	DRRMS
8:15 - 8:30 AM	Icebreaker Activity	Discussion on the Activity Pack, its objectives, development, and usage	
8:30 - 10:30 AM	Continuation: Psychosocial Support Activities in the Classroom	Lecture and discussion on the: <ul style="list-style-type: none"> <li>• Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker</li> <li>• Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic</li> <li>• Properly observing and assessing learners' more specialized needs for referral</li> </ul>	Psychologist Group (External Resource Persons c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Synthesis	Summary points of the discussion	Psychologist Group (c/o DRRMS)
11:15 - 11:30 AM	Closing	<ul style="list-style-type: none"> <li>• Reminders</li> <li>• Post-test</li> <li>• Remarks</li> </ul>	DRRMS

**November 09, 2021**  
**Orientation on the Psychosocial Activity Pack**

Time	Segment	Activities	Target Resource Person
8:00 - 8:30 AM	Preliminaries	<ul style="list-style-type: none"><li>• Prayer and National Anthem</li><li>• Opening Remarks by SLMB</li><li>• Agenda of the Training</li><li>• Introduction of Organizers and Speakers</li></ul>	DRRMS
8:30 - 9:15 AM	Introduction to the Activity Pack	Discussion on the Activity Pack, its objectives, development, and usage	Psychologist Group (c/o DRRMS)
9:15 - 10:30 AM	Activity Demonstration	Demonstration of a sample activity from the Activity Pack	
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Monitoring of Activity Pack	Discussion on how to monitor implementation of Activity Pack	Psychologist Group (c/o DRRMS)
11:15 - 11:45 AM	Synthesis and Final Reminders	Main points for the implementation of Activity Pack, reminders on how it can be sustained and monitored	
11:45 AM - 12:00 Noon	Closing Remarks		

## **MONITORING**

For monitoring targeted outputs, the following shall be gathered from the program:

- List of Participants' Registration (complete with their basic information e.g. name, offices/region/division, designation)
- List of Training Attendees
- List of teachers who participated in the FGD
- Activity Report and/or Documentation

The monitoring of the implementation of the Psychosocial Activity Pack and PFA is proposed to be covered within the scope of the monitoring of the Pilot Implementation of Limited Face-to-Face Learning Modality.

## EVALUATION

For evaluating the training program as well as participants' learning, the following forms/tools shall be used:

- ***Training Feedback Form.*** Evaluation tool which will gather information about the participants' overall satisfaction with the different aspects of the programs including the platform used and the technical aspects, topics discussed, knowledge and expertise of the resource speakers, engagement of the resource speakers and other participants, delivery of training, and overall experience.
- ***Lectures' Pretest and Post-Test.*** Administered tests which will assess the knowledge growth of the trainees on the different concepts discussed before and after the training program.