



Republic of the Philippines
Department of Education
REGION VII
SCHOOLS DIVISION OF CEBU PROVINCE

Office of the Schools Division Superintendent

July 12, 2023


DIVISION MEMORANDUM:

NO. 264s. 2023

**CONQUERING MENTAL HEALTH ADVERSITIES:
STRATEGIES FOR IMPROVING LITERACY SKILLS**

To: Assistant Schools Division Superintendents
Public Schools District Supervisors
Elementary and Secondary School Heads
School Health and Nutrition Personnel
All Others Concerned

1. The restrictions in almost all interpersonal activities during the pandemic greatly affected not only the physical health but most especially the mental health of the individual. The manifestation of maladaptive behaviors such as bullying, suicide, and dropouts were a few of those that are evident among learners. Hence, this calls for strengthening the individual's coping skills. In lieu of this, the Department of Education Cebu Province Medical Section will conduct the "CONQUERING MENTAL HEALTH ADVERSITIES: STRATEGIES FOR IMPROVING LITERACY SKILLS" Seminar this July 26-28, 2023, at Cebu Business Hotel, Cebu City.
2. Participants in this activity will be the Guidance Counselor Designate (1 High school), and Clinic Teacher (1 Elementary) of the 58 districts. The teaching staff participants can avail of service credit as this falls on school vacation. The participants are expected to re-echo to their respective districts.
3. Registration will start at 7:30 am, and the participants are expected to come on time to start the activity at exactly 8:00 am.
4. The snacks, meals and accommodation of the participants and the members of the Technical Working Group shall be charged to the HRTD Funds, travelling expenses and other incidental expenses shall be charged against Division Office or School MOOE, subject to the usual auditing rules and regulations.
5. This memorandum serves as the Authority to Travel of the participants and members of the training team. There will be day zero on July 25, 2023 inclusive of dinner and accommodation for the technical working group.
6. Widest dissemination and strict compliance of this Memorandum is hereby directed.


SENEN PRISCILO P. PAULIN, CESO V
Schools Division Superintendent



Address: IPHO Bldg., Sudlon, Lahug, Cebu City
Telephone No.: (032) 255-6405
Email Address: cebu.province@deped.gov.ph