



Republic of the Philippines
Department of Education
REGION VII
SCHOOLS DIVISION OF CEBU PROVINCE

Office of the Schools Division Superintendent

July 12, 2023

DIVISION MEMORANDUM:

NO. 268 s. 2023

REITERATION OF THE ANNUAL PHYSICAL EXAMINATION OF DEPED PERSONNEL

To: Assistant Schools Division Superintendents
Division Chiefs/ Section Heads
Public Schools District Supervisors/ School Heads
School Health and Nutrition Personnel
All Others Concerned

1. Attached is the Regional Memorandum No. 0637, s. 2022 dated July 5, 2022 entitled Reiteration of the Annual Physical Examination of DepEd Personnel for information and guidance of all concerned.
2. Schedule of Annual Physical Examination for teaching and non-teaching personnel will be on **August 1 – 18, 2023**.
3. To reiterate, to help alleviate with the laboratory burden of laboratory test fees, **all DepEd teaching and non-teaching personnel are encouraged to avail of the Philhealth Konsulta Package subject to its availability within the area.**
4. The teacher's Annual Health Examination Form 86 may be filled-out by the **DepEd Medical Officer, Konsulta Service Provider Medical Officer, Any Government – Licensed (RHU) Physicians or Private Physicians – to be countersigned by DepEd Medical Officer.**
5. Considering the distance of our schools and districts from laboratory/ test centers, this Office through the Medical Section accredits/ recognizes mobile laboratories of proven integrity to serve our personnel. **It is however**



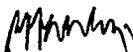
Address: IPHO Bldg., Sudlon, Lahug, Cebu City
Telephone No.: (032) 255-6405
Email Address: cebu.province@deped.gov.ph



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reiterated that the decision to avail of such services is subject to the discretion of the respective personnel and is not compulsory. They can always have the test conducted at their chosen laboratories.

6. Public Schools District Supervisors are allowed to make arrangements for their respective districts.
7. Widest dissemination of the contents of this Memorandum is desired.


SENEN PRISCILO P. PAULIN, CESO V
Schools Division Superintendent 



Address: IPHO Bldg., Sudlon, Lahug, Cebu City
Telephone No.: (032) 255-6405
Email Address: cebu.province@deped.gov.ph



Republic of the Philippines
Department of Education
REGION VII - CENTRAL VISAYAS

Office of the Regional Director

REGIONAL MEMORANDUM
No. 0007, s. 2022

JUL 25 2022

REITERATION OF THE ANNUAL PHYSICAL EXAMINATION OF DEPED PERSONNEL

To: Schools Division/City Superintendents
Officers-in-Charge of Regular/Interim Divisions
School Health and Nutrition Personnel
All Others Concerned

1. For the past two years, during the peak of the COVID-19 pandemic, alternative means of clinical assessment such as telemedicine consultations, online spreadsheets and other forms of medical data gathering were done to give consideration to all DepEd personnel to prevent exposure to the virus.
2. With the lowering of the alert level status throughout the country, this communication hereby reiterates the DepEd Memorandum No. 22, s. 2015 entitled "*Annual Physical Examination of DepEd Employees (Teaching and Non-Teaching Personnel)*".
3. All Department of Education (DepEd) teaching and non-teaching personnel shall undergo annual physical examination in compliance with the Civil Service Commission Memorandum Circular No. 17, s. 1989.
4. In reference to OUA Memo 00-0322-0020 entitled, "*Resumption of the Delivery of School-Based Health Services in Schools Participating in the Pilot Implementation of Limited Face-to-Face*" and in the advent of the resumption of the face-to-face classes, implementation of the teachers' annual health clearance shall be observed. This surveillance strategy can detect early signs of both communicable and lifestyle diseases and provide timely intervention thus, preventing absenteeism and major health-related complications for everyone's welfare.
5. **Chest X-ray** - PA view (within 6 months) together with cost-effective lab tests such as **complete blood count** (within 3 months) and **urinalysis** (within 3 months) will be submitted to the division school health and nutrition personnel. However, additional laboratory requests may be recommended by the physician, division medical officer or regional medical officer (in the absence of the division medical officer), if deemed necessary. If the employee is pregnant, she will be advised to undergo sputum microscopy or Gene X-pert testing in lieu of the chest x-ray.
6. To ensure that all DepEd teaching personnel are physically fit to perform their roles and functions and to guarantee the proper implementation of this memorandum, it is advised that the annual medical check-up be one of the requirements for the



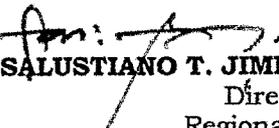
Address: Doña M. Gaisano St., Sudlon, Lahug, Cebu City
Telephone Nos.: (032) 231-1433; (032) 414-7399
Email Address: region7@deped.gov.ph



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clearance of teachers at the end of the school year. For this year however, the deadline may be extended at the start of the school year to give ample time to the teaching personnel to comply with the laboratory requirements. The **Teacher's Annual Health Examination Form 86** may be filled-out by the DepEd Medical Officer, Konsulta Service Provider Medical Officer or any government-licensed physician.

7. To help alleviate with the financial burden of the laboratory test fees, all DepEd teaching and non-teaching personnel are encouraged to avail of the Philhealth Konsulta Package depending on the availability of the accredited service provider within the area. For more details, attached are the Philhealth Circular No. 2020-0022 and the list of accredited Konsulta facilities for your reference.
8. All Schools Division Superintendent (SDS), Assistant Schools Division Superintendent (ASDS) and other DepEd officials are enjoined to support this memorandum to forge and sustain a healthy government workforce in order to provide continuous, efficient and effective delivery of services to the public, most especially to our learners.
9. Immediate dissemination of and compliance with the Memorandum is desired.


SALUSTIANO T. JIMENEZ JD, EDD, CESO V
Director IV
Regional Director