



Republic of the Philippines  
**Department of Education**  
REGION VII – CENTRAL VISAYAS  
Schools Division of Cebu Province

Office of the Schools Division Superintendent

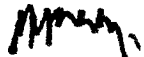
10 October 2023

**DIVISION MEMORANDUM**  
No. 427, s. 2023

**UTILIZATION GUIDELINES FOR THE 2023 DELIVERED LEARNING  
RESOURCES TO THE FIELD OFFICES**

**To:** Assistant Schools Division Superintendents  
Chief Education Supervisors  
Education Program Supervisors  
Public Schools District Supervisors/District-in-Charge  
Elementary/Secondary School Heads  
All Other Concerned

1. Enclosed is a copy of Regional Memorandum No. **0726**, s. 2023, titled: **“Utilization Guidelines for the 2023 Delivered Learning Resources to the Field Offices”** for your reference and guidance.
2. Immediate and widest dissemination of and strict compliance with this Memorandum is directed.

  
**SENEN PRISCILO P. PAULIN, CESO V**  
Schools Division Superintendent



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Republic of the Philippines  
**Department of Education**  
REGION VII - CENTRAL VISAYAS

Office of the Regional Director

04 OCT 2023

REGIONAL MEMORANDUM

No. **726**, s. 2023

**UTILIZATION GUIDELINES FOR THE 2023 DELIVERED LEARNING  
RESOURCES TO THE FIELD OFFICES**

To: Schools Division Superintendents

1. For the information and guidance of all concerned, attached is a copy of Joint Memorandum entitled "Utilization Guidelines for the 2023 Delivered Learning Resources to the Field Offices" signed by Gina O. Gonong, Undersecretary for Curriculum and Teaching and Atty. Revsee A. Escobedo, Undersecretary for Operations.
2. Immediate dissemination of this Memorandum is desired.

**SALUSTIANO T. JIMENEZ JD, EdD, CESO V**  
Director IV  
Regional Director

STJ/FYA/CLMD/MJCD/mfp



Republic of the Philippines  
**Department of Education**

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**JOINT MEMORANDUM**

**TO :** REGIONAL DIRECTORS  
 SCHOOLS DIVISION SUPERINTENDENTS  
 SCHOOLS DIVISION SUPPLY OFFICERS

**FROM :** *[Signature]*  
**GINA O. GONONG**  
 Undersecretary for Curriculum and Teaching

*[Signature]*  
**ATTY. REVSEE A. ESCOBEDO**  
 Undersecretary for Operations

**SUBJECT :** UTILIZATION GUIDELINES FOR THE 2023 DELIVERED  
 LEARNING RESOURCES TO THE FIELD OFFICES

**DATE :** September 4, 2023

The Department of Education has procured services for freight, handling, and delivery of the following learning resources (LRs). This Memorandum is issued to provide information and guidelines to the target recipients for effective utilization of the LRs:

Learning Resources	Delivery Site	Utilization
Preventive Drug Education Resource Material	Schools Division Offices (SDOs) ✓	In support of the National Drug Program as provided in Section 43, Article IV of Republic Act No. 9165 or Comprehensive Dangerous Drugs Act of 2002, this resource material is developed under the 10-Point Agenda of the past administration.  This is a general reference for teachers to be utilized using the Preventive Education Program Curricula stated in DepEd Memorandum No. 25, s. 2021 as a guide. ✓
CCP Encyclopedias of Philippine Art	Last Mile Schools ✓	These are supplementary reading resources to substantiate and complement teaching and learning Philippine Art.
Senior High School Textbooks and Teacher's Manuals:	Senior High Schools	These SHS LRs are valuable teaching and learning materials while the MATATAG SHS Curriculum in ongoing review.



<ul style="list-style-type: none"> <li>1 • Creative Writing TX &amp; TM</li> <li>2 • Business Finance TX &amp; TM</li> <li>3 • Philippine Politics and Governance TX &amp; TM</li> <li>4 • Trends, Network, &amp; Critical Thinking in the 21st Century TX &amp; TM</li> <li>5 • Discipline &amp; Ideas in the Applied Social Sciences TX &amp; TM</li> </ul>		
<p>Grade 9 Learning Resource (Noli Me Tangere) and Grade 10 Learning Resource (El Filibusterismo)</p>	<p>Junior High Schools</p>	<p>By Republic Act 1425 also known as the "Rizal Law" or "An Act to include in the curricula of all public and private schools, colleges, and universities courses on the life, works, and writings of Jose P. Rizal particularly his novels Noli Me Tangere, and El Filibusterismo", these learning resources are modernized by the Department but maintained their original contexts.</p> <p>These novels promote patriotism and civic consciousness which must be imbued to all Filipino learners during their formative and transition years.</p> <p>Noli Me Tangere and El Filibusterismo shall be considered required reading resources in Filipino for Grades 9 and 10 respectively and shall be used in learning delivery modalities in all public junior high schools.</p> <p>The reading resources shall be distributed to all Grade 9 and 10 learners in a one-is-to-one ratio at all public junior high schools.</p>
<p>Kindergarten Activity Sheets</p>	<p>District Offices</p>	<p>The KAS shall remain the LR for learning delivery modalities for Kindergarten learners in all public schools.</p>

		The KAS shall be distributed to learners in one is to one ratio and it is a consumable where learners are expected to write their answers in the activity sheets.
Psychosocial Support Activity Pack (PSAP)	SDOs	The PSAP is a teacher's guide for all grade levels that serves as a reference for teachers in conducting psychosocial support for learners after a disaster event. Recipients may develop or plan schedules for conducting psycho-social support activities at their most conducive time. A detailed description of the program where this material is to be utilized is described in Annex 1.

✓ All recipients are expected to adopt measures about the existing issuances to properly safeguard against loss or wastage and preserve in good condition the LRs received to ensure accountability and future utilization of the same except for the KAS which is consumable.

*Attached.: as stated*




Republic of the Philippines  
**Department of Education**  
OPERATIONS

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OUOPS No. 2023-04- 745  
MEMORANDUM

TO : REGIONAL DIRECTORS  
SCHOOLS DIVISION SUPERINTENDENTS  
REGIONAL AND DIVISION DRRM COORDINATORS  
SCHOOL HEADS  
ALL OTHERS CONCERNED

FROM :   
ATTY. REVSEE A. ESCOBEDO  
Undersecretary for Operations

SUBJECT : Guidelines on the Continued Use of the Psychosocial  
Support Activity Pack (All Grade Levels): A Teacher's Guide

DATE : August 16, 2023

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The Disaster Risk Reduction and Management Service (DRRMS), in its effort to support the mental health of learners during the implementation of in-person classes for the school year 2022-2023, has developed the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide. The activity pack aims to guide teachers in providing classroom-based psychosocial support to learners and considers the significance of learners' well-being in successful learning continuity. Accordingly, a national online learning session was conducted to orient teachers in basic concepts on disasters and emergencies, Mental Health and Psychosocial Support, and the use of the Psychosocial Support Activity Pack.

Beyond the COVID-19 pandemic, the material can be used to supplement continuing psychosocial support efforts in the classroom after an experience of a disaster and/or emergency.

To provide guidelines on the continued use of the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide, please refer to Annex A.

For concerns and more information, please contact the DRRMS through email at [drmo@deped.gov.ph](mailto:drmo@deped.gov.ph) or through landline call at 8637-4933.

Thank you.

DRRMS\_ADR/08162023

BLR/DRM-2023-09-001

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## **ANNEX A. GUIDELINES ON THE EXTENDED USE OF THE PSYCHOSOCIAL SUPPORT ACTIVITY PACK (ALL GRADE LEVELS): A TEACHER'S GUIDE**

### **I. Background**

When the COVID-19 pandemic hit in 2020, school closures were ordered, causing learners and teachers to apply distance learning. The experience of a disaster, such as the COVID-19 pandemic, put individuals temporarily out of balance, if not severely distressed. For some, prolonged disruption of learning, isolation, and interruption of social life within the school community may cause severe stress and psychological consequences. This includes feeling overwhelmed and anxious, experiencing learning difficulties, and becoming distressed or dysfunctional over changes in routine. Others may have experienced violence and neglect, causing trauma. Additionally, children coming from low-income families become more vulnerable to risks brought by economic losses due to disasters and emergencies.

In August 2022, 2 years after the physical closure of schools, the Department of Education (DepEd) embarked on the full implementation of in-person classes. Schools nationwide reopened to welcome learners back. With the complex impacts of disasters and emergencies, teachers and school personnel must meet the learners where they are as they work towards learning continuity while prioritizing learners' recovery towards enhanced well-being. Accordingly, Psychosocial Support (PSS) will be significant in working on these huge tasks.

Acknowledging the need to provide PSS to learners after prolonged isolation from the pandemic, the Disaster Risk Reduction and Management Service (DRRMS) developed the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide. While the initial premise for developing this material was intended to address the need to provide PSS to learners after their pandemic experience, it was intentionally designed with a framework that addresses the psychosocial needs of children and adolescents after an experience of any disaster, through classroom-based activities.

Hence, the implementing guidelines for the extended use of the Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide, beyond the context of return to in-person classes after the pandemic, is provided below.

### **II. Guidelines on the Continued Use of the Material**

When disasters strike, learning and teaching are immediately disrupted. Disasters often cause learner displacement, damage to school infrastructures and resources, class suspension, and use of schools as evacuation centers. To address these impacts, the DRRMS provides standard Disaster Response Interventions to primarily facilitate learning continuity. Recognizing that the extensive damages and losses, along with sudden changes in the lives of learners and education personnel, create crises that have a profound impact on their mental health and overall well-being, one of the key Disaster Response interventions conducted is Mental Health and Psychosocial Support (MHPSS). MHPSS is a composite term used to describe

DRRMS AISK/0810.2023

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any type of local or outside support that aims to protect or promote psychosocial well-being and/or prevent or treat mental disorders of disaster survivors. Within DepEd, MHPSS is provided to support the learners' and school personnel's return to normalcy.

One of the key services within the range of MHPSS services offered by DepEd to learners and personnel affected by disasters and/or emergencies is Psychological First Aid (PFA). PFA is defined as a humane, supportive, and non-intrusive response to an individual who may need support, especially in humanitarian contexts. It involves providing basic support for those acutely distressed after exposure to extreme stressors. As a general rule, PFA is conducted immediately within the emergency phase of the response period in the occurrence of a disaster and/or emergency. The core actions of PFA characterize the service as both a method of psychosocial support and a method of quick psychosocial assessment. While PFA is brief and considered as an immediate disaster response activity, PSS through school-based activities, may be considered as an intervention for early recovery. PSS encompasses targeted processes and actions aimed at fostering the comprehensive well-being and resilience of individuals. Within the school environment, these processes often involve arts- and play-based activities that serve both healing and learning purposes.

Hence, to further support learners' immediate recovery and in consideration of their overall well-being post-disaster and/or emergency, the facilitation of PSS is recommended after the conduct of PFA to learners and personnel (as needed), and once learners are back in school and their classrooms. Accordingly, schools are free to develop or plan schedules for the facilitation of PSS at the most conducive time for both learners and personnel.

The Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide serves as the primary resource for guiding teachers in facilitating these activities. In general, this pack is a reference for teachers in conducting psychosocial support activities for learners after a disaster event.

The psychosocial evaluation included in the pack may be conducted to inform teachers of the quality of support they are providing to learners. While submission of the psychosocial evaluation forms to the Central Office is no longer required, DRRMS recommends the proper documentation and safekeeping of the evaluation results. In addition, results may be used for monitoring purposes and for informing future mental health programs. Accordingly, teachers can be guided on the documentation of results by referring to DRRMS Memo No. DRRMS-09-21-2022-0001 titled "Reiteration on the Monitoring of the Conduct of Mental Health and Psychosocial Support Activities in line with In-Person Classes SY 2022-2023".

To assist teachers in utilizing the pack effectively, a reference list has been included below.

**a. Reference Materials**

The Psychosocial Support Activity Pack (All Grade Levels): A Teacher's Guide may be accessed through this link:

[DRRMS ABR/08162023](#)

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<https://tinyurl.com/PSAPAllLevels>. It is pertinent for teachers to go through the entire material, to completely understand how to use and conduct the activities.

To support teachers in understanding the material, a recorded video of the learning sessions and orientation conducted last August 2022 can be accessed here:

For Kinder to Grade 6 Teachers: <https://bit.ly/K6PSSLearnSeshAug>  
For Grade 7 to 12 Teachers: <https://bit.ly/7SHSPSSLearnSeshAug>

Should teachers decide to conduct the psychosocial evaluation, the guide on its administration, interpretation, and documentation can be accessed here: [https://bit.ly/PSE\\_Guide\\_Printable](https://bit.ly/PSE_Guide_Printable)

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