



Republic of the Philippines
Department of Education
REGION VII – CENTRAL VISYAS
Schools Division of Cebu Province

**Office of the Schools
Division Superintendent**

November 20, 2023

DIVISION MEMORANDUM
No. 496, s. 2023

**ORIENTATION TRAINING ON GAD- BASED RACE AGAINST SUICIDE:
GATEKEEPERS FOR SUICIDE PREVENTION
IN SCHOOLS**

To: Assistant Schools Division Superintendents
Chief, CID and SGOD
Public Schools District Supervisors
Public Elementary And Secondary School Heads
All Others Concerned

1. This Office announces the conduct of an **Orientation Training On GAD- BASED Race Against Suicide: Gatekeepers For Suicide Prevention In Schools on December 7 - 9, 2023 at Executive Dining, DepEd Ecotech Center, Sudlon Lahug, Cebu City.**
2. The objectives of this orientation training are as follows;
 - Identify problems and warning signs of suicide and self-harm on learners;
 - Learn first aid techniques for at risk individuals;
 - Craft safety planning for learners, endorsement to parents/legal guardians and referrals to mental health professional based on risk level; and
 - Appreciate the importance of mental health awareness activities in schools
3. Participants to this activity are the 30 – Division Nurses, 8 -Registered Guidance Counselors (RGCs), 58- Mental Health District Focal Persons (Elementary), 58-Designate Secondary District Guidance Coordinators and (1) one Education Program Supervisor.
4. Travel expenses of participants shall be chargeable to **School MOOE Funds/Division Funds** while the accommodation, meals, snacks, honorarium of speakers, rental of the venue and other miscellaneous expenses, is chargeable against **GAD Funds subject to their availability and the usual accounting and auditing rules and regulations.**




Address: IPHO Bldg., Sudlon, Lahug, Cebu City
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5. There will be a day zero. The Training Management Team (TMT), participants from the Islands of Camotes, Bantayan and nurses from distant areas will be provided with accommodation and dinner on December 6, 2023.

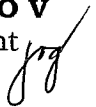
6. Considering that December 8, 2023 is a Holiday and December 9, 2023 falls on a Saturday – teacher participants shall be entitled to service credits tantamount to the services rendered during non-working days, per DepEd Order No. 53, s.2023 (Updated Guidelines on Grant of Vacation Service Credits to Teachers), while Division Office personnel can avail of Compensatory Time Off (CTO) under the provisions of CSC & DBM Joint Circular No.2, s.2004 (Non-Monetary Remuneration for Overtime Services Render

7. This serves as Authority to Travel.

8. Immediate and wide dissemination of and compliance with this Memorandum is directed.



SENEN PRISCILO P. PAULIN, CESO V
Schools Division Superintendent



Enclosure No. 1 to Division Memo No _____ s. 2023



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DISTRICT	NUMBER OF PARTICIPANTS	
	ELEMENTARY (Mental Health Focal Persons)	SECONDARY (Designate Secondary Guidance Coordinators)
1. Minglanilla 1	1	1
2. Minglanilla 2	1	1
3. San Fernando 1	1	1
4. San Fernando 2	1	1
5. Sibonga	1	1
6. Alcoy	1	1
7. Argao 1	1	1
8. Argao 2	1	1
9. Boljoon	1	1
10. Dalaguete 1	1	1
11. Dalaguete 2	1	1
12. Oslob	1	1
13. Samboan	1	1
14. Santander	1	1
15. Aloguinsan	1	1
16. Asturias South	1	1
17. Asturias North	1	1
18. Balamban 1	1	1
19. Balamban 2	1	1
20. Barili 1	1	1
21. Barili 2	1	1
22. Pinamungajan 1	1	1
23. Pinamungajan 2	1	1
24. Tuburan 1	1	1
25. Tuburan 2	1	1
26. Bantayan 1	1	1
27. Bantayan 2	1	1
28. Daanbantayan 1	1	1
29. Daanbantayan 2	1	1
30. Madridejos	1	1
31. Medellin	1	1
32. San Remegio 1	1	1
33. San Remegio 2	1	1
34. Santa Fe	1	1

35. Tabogon	1	1
36. Tabuelan	1	1
37. Borbon	1	1
38. Carmen	1	1
39. Catmon	1	1
40. Compostela	1	1
41. Liloan	1	1
42. Pilar	1	1
43. Poro	1	1
44. San Francisco	1	1
45. Sogod	1	1
46. Tudela	1	1
47. Consolacion 1	1	1
48. Consolacion 2	1	1
49. Cordova	1	1
50. Dumanjug 1	1	1
51. Dumanjug 2	1	1
52. Ronda	1	1
53. Alcantara	1	1
54. Moalboal	1	1
55. Badian	1	1
56. Alegria	1	1
57. Malabuyoc	1	1
58. Ginatilan	1	1
- TOTAL	58	58



DepED
MATATAG



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Training Matrix

Orientation Training on GAD-Based Race Against Suicide: Gatekeepers for Suicide Prevention in Schools

DAY	TIME	TOPIC CONTENT/ SUGGESTED ACTIVITY	SPEAKERS/FACILITATORS
December 6, 2023	Day 0		
December 7, 2023			
Day 1	7:00am-7:30am	Arrival of Participants/Breakfast	
Morning Session	7:30am-8:00am	Registration	Committee
	8:00am-8:30am	Program Preliminaries	TWG
		Acknowledgement of Participants	Mr. Charles Matthew Japitan Guidance Counselor II
		Welcome Address & Rationale	Mrs. Jane O. Gurrea Education Program Supervisor in Values and Guidance
		Inspirational Message	Dr. Senen-Priscilo P. Paulin Schools Division Superintendent
	10:00am-12:00am	Topic 1 " Basic Skills in Identifying the Problem of Suicide, Recognize the Warning Signs and Assess the Level of Risk "	Dr. Luzlin P. Ellucada, RGC President of PGCA-CEBU and Guidance Director of University of San Carlos
	12:00nn-1:00pm	Lunch Break	
Afternoon Session	1:00pm-1:10pm	Energizer	
	1:10 pm-3:00pm	Topic 2: Advance Skills Managing Suicide in Schools	Ms. Nerriza Camacho, RGC Guidance Counselor Abellana National High School
		<i>1.1 Telemental Health 1.2 Counseling/ Intake Interview</i>	
	3:00pm – 4:00 pm	Topic 3: Intervention and Referral	
	4:00pm – 5:30 pm	Case Simulation	

December 8, 2023			
Day 2			
Morning Session	8:00am-8:15am	Preliminaries	Training Team
	9:00am-11:00am	Topic 4: Adaptation and Application of Psychological First Aid to Learners in times of Crisis (skills development)	Dr. Annable Maglasang, RGC Guidance Services Specialist University of the Philippines-Cebu
	11:00am-12:00nn	Workshop & Simulation	
	12:00nn-1:00pm	Lunch Break	
	2:30pm-3:00pm	Topic 5: Organizing Peer Counseling Support / Peer Facilitators Circle	Mrs. Maripazz Rizza Ong, RGC Guidance Counselor University of San Carlos
Afternoon Session	3:00-5:00 pm	Topic 6: Counseling and Referral System (Department Order)	Ms. Nena Bardoquillo, RGC Guidance Counselor Consolacion NHS

December 9, 2023			
Day 3			
Morning Session	8:00am-8:15am	Preliminaries	
	9:00am-10:00am	Topic 7: Case Management for Guidance Advocates	Mrs. Reggie Labastida, RGC Guidance Counselor Buanoy NHS
	10:00 a.m.-11:00 pm	Topic 8: Topic 8: Bullying to Children & Youth and It's Effect to Mental Health.	Mr. Charles Matthew T. Japitan, RGC Guidance Counselor Tubod National High School
	12:00-1:00pm	Lunch Break	
	1:00pm-3:00pm	Topic 8: Evidence-Based Guidance and Counseling Program.	Mrs. Mellete P. Gierran, RGC Guidance Counselor Calape National High School
	3:00pm- 4:30pm	Action Planning / Wrap - Up/ Evaluation	Maria Theresa Cabañero, RN Division Mental Health Focal
			Namue S. Dela Torre, RN Division In-Charge
			Jane O. Gurrea, Education Program Supervisor
	4:30pm – 5:00pm	Closing Activity	TWG



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Training Management Team

Namue S. Dela Torre-	Division Nurse	SDO Cebu Province
Maria Theresa M. Cabañero-	Division Nurse/ Mental Health Focal	SDO Cebu Province
Mary Hazel B. Tañedo-	Division Nurse/Mental Health Co-Focal	SDO Cebu Province
Jane O. Gurrea –	Education Program Supervisor in Values and Guidance	SDO Cebu Province
Charles Matthew T. Japitan-	Guidance Counselor II	Tubod National High School
Nena Bardoquillo-	Guidance Counselor I	Consolacion National High School
Mellele P. Gieerran	Guidance Counselor II	Calape National High School
Divina Michelle Albos	Teacher III	Mantalongon National High School
Chrisanty Nova Menchavez	Guidance Counselor II	Liloan National High School
Reggie Labastida	Guidance Counselor 1	Buanoy National High School
Dave S. Mangubat	Teacher III	Nolasco Memorial National High
Grace Marie Reyes	Teacher III	Minglanilla Central School
Charlene Serundo	Guidance Counselor	Buanoy National High School